

January 2010
Lunch Menu

New Beginnings
Club



Monday	Tuesday	Wednesday	Thursday	Friday
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Lazagna (Free lunch) 4	Chicken Surprise 5	Potato leak Soup Ham sandwiches 6	Beef pot pie 7	Spaghetti and Meatballs 8
French toast & Sausage 11	Chilli & Toast 12	Bean Soup Grilled Cheese 13	Salmon Patties Home fries 14	Cranberry Chicken 15
Chicken Wraps 18	Farmers Breakfast 19	Pizza Soup & Bagels 20	Brunch 21	Sheppards Pie 22
Assorted Subs & Chips 25	Stir Fry Pineapple Chicken 26	Tomato Mac Soup & BLT's 27	Bow-tie Alfredo with Broc. 28	Pizza Birthday Party! 29